## **VENUE**

For the 10th anniversary of SIMEG we chose an extraordinary venue: Haus Eifgen in Wermelskirchen (the residence city of SIMEG administration) is a 130 year old former restaurant and tourist hotspot. The Biergarten is dominated by huge old chestnut trees. The ambience of this loacation is unique.

The location is run by a not for profit cultural association and offers mainly livemusic events of all genres, including Blues, Jazz and Irish Folk music, but can be used for business meetings and private parties like weddings by those who are looking for an uncommon surrounding for their special day.



The neighbour city of Remscheid hosts the museum and house of birth of **Conrad Röntgen**, the creator of X-ray technique and we look forward to a guided tour. The castle of "Burg" and the "Müngstener Brüke" (candidate for UNESCO cultural heritage) are further touristic higlights.

Venue: Haus Eifgen - Eifgen 1, 42929 Wermelkskirchen/Germany T + 49 2196 732 532https://hauseifgen.de

Conference Fee p.p.

200 €



Sacroiliac Medical Expert Group e.V. www.simeg-international.com T+49 2196 709013 F +49 2196 732 536

info@simeq-international.com

Online registration: https://simeq-international.com

## GENERAL INFORMATION

Wermelskirchen is a small town in the beautiful area of "Bergisches Land". Driving distance from Cologne or to Düsseldorf is 45 min. either way. Arriving at Frankfurt International Airport, you may take the ICE train, from Düsseldorf airport it's the regional train to Wuppertal. Another 20 min. taxi drive will take you to your destination.



\*\*\*\* Hotels are available within 5-15 min. driving/15-20 min. walking distance. See more information on our website.



A guided tour to the Röntgen Museum in Remscheid can be **booked for Sunday morning.** Please indicate your preference on the registration form.

We will celebrate our 10th anniversary in the cosy surrounding of the Eifgen Valley after the members meeting.



## 6<sup>th</sup> International Conference on Sacroiliac Joint Surgery and **Related Research**

# ICSJ\$ 2023

10<sup>th</sup> Anniversary and Members Meeting

Hybrid Event

**Sept. 23<sup>rd</sup> 2023** Wermelskirchen/GER





## Dear Collegues,



There are not many physicians/surgeons who specialize in the sacroiliac joint, but there are many patients who suffer from lumbar buttock pain due to sacroiliac joint problems. I was very happy to know that there are many colleagues all over the world thanks to this SIMEG. I am very grateful to the members who founded this SIMEG.

There is nothing more difficult than creating something from zero, but we have already accumulated 10 years of experience. I know that there are many outstanding sacroiliac specialists in the world, and I hope that you, as pain physicians, spine surgeons, hip surgeons, sports physicians, and physical therapists, will share your knowledge and skills with us.

New and exciting discoveries come from meeting experts in person. We look forward to seeing you on site or online.

Daisuke Kurosawa, MD - SIMEG president

## Dear SIMEG members,

In my career as CEO and project manager for medical device manufacturers I was actively involved in pioneering modern surgical technologies: image guided arthroscopy (1983), spinal fixation with pedicle screws (1986), arthroplasty of the shoulder (1990), vertebroplasty (2003) and finally sacroiliac joint surgery (DIANA by John Stark in2009), and neither I nor the staff and surgeons I worked with had a clue about this new area of spinal? orthopedic? surgery.

In 2011 I encouraged the company I was working for to implement an observational multicenter study led by Dr. Volker Fuchs. I think it was the first ever established for SIJ surgery. And finally, in September 2013, a group of participating surgeons founded SIMEG. Why? They tried to find answers, but behind each answer a multitude of new questions was waiting.

Volker Fuchs managed to keep us on board, Tom Kibsgard, Tom Freeman, Jeff Donner developed SIMEG's skills and acknowledgement, Martin Blay is working hard to establish the ISAR case registry. I thank the hardest working man at present - our president Daisuke Kurosawa - who brought another level of science and motivation into the group. Awarding lifetime achievement recognition to dedicated surgeons is the least we can do - and we thank Dr. Bruce Dall for his work.

It had been a long, hard and bumpy road until today, and it does not seem to get any smoother. But we are still on it, and so I am very glad to celebrate this anniversary meeting with you in an extraordinary surrounding.

Michael Dierks, Co-founder of SIMEG and Local Host

## **PROGRAM**

#### Session 1: A talk from the founder

10:00 How I started sacroiliac joint surgery, how SIMEG was founded and my vision for the future (Volker Fuchs)

# Session 2: Lectures focusing on hip-sacroiliac-syndrome in collaboration with ISHA.

#### Introduction:

- 10:30 My impressive experience of hip-sacroiliac-syndrome (Daiskue Kurosawa)
- 10:35 My story as a patient with SIJ dysfunction, FAI, and lumbar disc herniation (Jeffrey Donner)
- 10:50 Hip surgeon's view on sacroiliac joint treatment (Martin Blay)
- 11:05 Hip first, SIJ second (William Cross)
- 11:20 SIJ dysfunction secondary to FAI and the overlap between deep buttock pain and extra-articular hip impingement (Soshi Uchida/ISHA)

### Workshop: Physical examination for SIJ and hip joint

- 12:00 Physical examinations including items of SIJ scoring system in Japan (Daisuke Kurosawa)
- 12:15 The Mayo SIJ examinations (William Cross)
- 12:30 Physical examination of SIJ and hip by a hip surgeon (Martin Blay)
- 12:45 Physical assessment for joint laxity including SI and hip joint (Pierre d'Hemecourt)

- 13:00 h Lunch -

#### Session 3: Ceremonial lecture (from US)

14:00 Sacroiliac joint pain - for tens of thousands - the pain ends

here (Bruce Dall)

Ceremony to Dr. Bruce Dall for his lifetime achievement recognition award.

Chairman Jeffrey Donner



## **PROGRAM**

#### SIMEG: 10 years of exploring the "terra incognita"

16:00 Greetings from the SIMEG manager and co-founder (M. Dierks)

Official SIMEG annual members meeting

19:00 h 10<sup>th</sup> anniversary Get Together

## **FACULTY**

- » Blay, Martin, MD, Orthopedic Surgeon, Orthopädie am See, 8280 Kreuzlingen, CHE
- » Cross, William, M.D., Mayo Clinic, Rochester, MN, USA
- » Donner, Jeff, MD, Colorado Spine Institute, Loveland, Colorado, USA
- » Fuchs, Volker, MD, Orthopedic Department, AMEOS Clinic St. Salvator, Halberstadt, GER
- Kurosawa, Daisuke, MD, Department of Orthopedic Surgery, LBP and SIJ center, JCHO Sendai Hospital, Sendai, JPN
- » Uchida, Soshi, Prof., board member of ISHA, the hip preservation society

#### **Guest Speaker (Ceremonial Lecture):**

» Bruce Dall, M.D., Western Michigan University Homer Stryker School of Medicine, Kalamazoo, MI, USA

## SIMFG BOARD

- Daisuke Kurosawa, M.D. (preident)
- E. Jeffrey Donner, M.D. (Vice President)
- Volker Fuchs, M.D. (treasurer)
- Martin Blay, M.D.
- William Cross III., M.D.
- Thomas Freeman, Prof.
- Vikas Patel, MD,

## **SPONSORS**





